



**Children's Heart Specialists  
Of Georgia**

TEL: 678-840-2288

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**Cardiac Risk Assessment Questionnaire For Children And Young Adults**

*All children and young adults, whether they are participating in sports or not, need to be screened for heart conditions which are associated with sudden cardiac arrest / sudden cardiac death every three years. American Academy of Pediatrics 2021 Recommendations.*

Name \_\_\_\_\_ DOB \_\_\_\_\_ Today's Date \_\_\_\_\_

**Personal Cardiac History**

- Have you had chest pain, discomfort, or pressure during or after exercise?  No  Yes
- Have you had unusual or extreme fatigue and shortness of breath with exercise?  No  Yes
- Have you passed out (fainted) during or after exercise?  No  Yes
- Have you passed out after hearing a loud noise?  No  Yes
- Have you passed out after hearing an alarm clock, doorbell, or telephone ring?  No  Yes
- Have you passed out with emotions (Laughing, crying, startling)?  No  Yes
- Have you felt your heart racing, fluttering, or skipping beats during or after exercise?  No  Yes

**Family Cardiac History**

- Has anyone in your family died while playing sports?  No  Yes
- Has anyone in your family died of a "heart problem" before age 50?  No  Yes
- Has anyone in your family died of a sudden/unexpected death before age 50?  No  Yes
- Has anyone in your family died while sleeping before age 50?  No  Yes
- Has anyone in your family died by drowning or while swimming?  No  Yes
- Has anyone in your family died of sudden infant death syndrome (SIDS)?  No  Yes
- Has anyone in your family been diagnosed with a heart condition before age 50?  No  Yes
- Has anyone in your family been diagnosed with Hypertrophic Cardiomyopathy?  No  Yes
- Has anyone in your family been diagnosed with Long QT syndrome?  No  Yes
- Has anyone in your family been diagnosed with Short QT syndrome?  No  Yes
- Has anyone in your family been diagnosed with Brugada's syndrome?  No  Yes
- Has anyone in your family been diagnosed with Arrhythmogenic Right Ventricular Cardiomyopathy?  No  Yes
- Has anyone in your family been diagnosed with Catecholamine Polymorphic Ventricular Tachycardia?  No  Yes
- Has anyone in your family been diagnosed with coronary artery disease before age 50?  No  Yes
- Has anyone in your child's family had a positive genetic test for a hereditary heart condition?  No  Yes
- Has anyone in your family been diagnosed with Marfan syndrome?  No  Yes
- Has anyone in your family been diagnosed with aortic rupture? Aortic aneurysm?  No  Yes
- Has anyone in your family been diagnosed with Ehlers-Danlos syndrome?  No  Yes
- Has anyone in your family been diagnosed with Loeys-Dietz syndrome?  No  Yes
- Has anyone in your family had a pacemaker or defibrillator before age 50?  No  Yes

**If you answer "Yes" to any of the questions above, please provide more details:**

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**SMYRNA**

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## **Hyperlipidemia Screening**

The American Academy of Pediatrics recommends universal screening for hyperlipidemia in all children and young adults. First screen should be done between age 9-11 and the second screen should be done between age 17-21 (2011 American Academy of Pediatrics guidelines).

## **Metabolic Syndrome Screening**

Laboratory screening for diabetes, dyslipidemia, and liver disease are recommended every 2 years among children aged 10 years and older with obesity and suspected metabolic syndrome.

### **American Heart Association Criteria for Metabolic Syndrome**

- 1) Abdominal obesity
- 2) Hypertension
- 3) Impaired fasting glucose
- 4) High triglyceride levels
- 5) Low HDL cholesterol levels

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